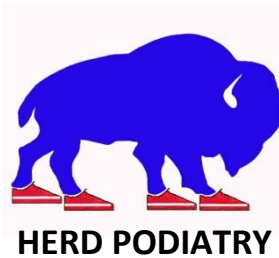


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Nail Surgery Aftercare

Dr. Stephen Smith, DPM

You have had minor toenail surgery. The procedure involved removal of the affected nail with eradication of the nail root or growth center by application of a strong acid. This creates a chemical burn which will heal by draining clear fluid for approximately 2 to 6 weeks. This minor nail surgery will heal properly by following these directions closely.

Week One

In the morning following your surgery please remove the surgical dressing and soak your foot for 10 minutes in plain warm water. Pat dry and apply a Band-Aid. That same afternoon soak your foot again in an Epsom salt solution for 10 minutes. This solution is made by dissolving 1 tablespoon of Epsom Salts (available at the drugstore) in 1 quart of warm water. Pat dry and cover with a Band-Aid.

You should continue twice a day soaking in warm water and Epsom salts until you are seen by the Podiatrist again.

Week Two and thereafter

Soak foot twice daily for 10 minutes in warm water and Epsom salts solution. Leave open and uncover at night but use a Band-Aid during the day.

Remember, some small amount of drainage is normal and should be of no consequence. If, however redness and a cloudy colored drainage or discharge is noted please consult our office immediately at **716-833-8094**.