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HERD PODIATRY

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Formula 7 Instructions

Herd Podiatry, DBA Dr. Stephen C. Smith 716-833-8094

- 1. x time daily
- Nail File clean the top of the infected nail with a clean (new) nail file. Try to remove the crusty top, discolored part of the nail. Do not use the same nail file on other non-infected nails. This helps to stop contamination of other nails.
- 3. Apply Formula 7 (1 x per day) across the infected nail, making sure to get down into the back and sides of the cuticle.
- 4. Let the nail and Formula 7 air dry before putting on socks or shoes.